



Table of Contents

DEFINITIONS.....	5
GENERAL SECTION	6
1. REGISTRATION	6
2. ELIGIBILITY.....	6
3. SECONDARY NATIONAL ORGANISATIONS	6
4. COUNTRY REPRESENTATION FOR COMPETITORS	6
COMPETITORS SECTION.....	7
5. OPEN STATUS OF BDSA CHAMPIONSHIPS AND EVENTS.....	7
6. TEMPOS AND RECOMMENDED LENGTH OF MUSIC	7
7. AGE CATEGORIES.....	7
8. STATUS OF COMPETITION CATEGORIES.....	8
8.1. AMATEUR; (IN THE PROFESSIONAL/AMATEUR CATEGORY) A DANCER (NON-TEACHING AMATEUR) WHO DANCES WITH A REGISTERED/QUALIFIED PROFESSIONAL TEACHER/DANCER.....	8
8.2. DEFINITION OF A PROFESSIONAL, STUDENT/TEACHER AND PROFESSIONAL/AMATEUR, DANCER	8
8.2.1. STUDENT; (IN THE STUDENT/TEACHER CATEGORY) A DANCER WHO DANCES WITH A TEACHER THAT IS A REGISTERED AMATEUR TEACHER.	8
8.2.2. PROFESSIONAL; A PROFESSIONAL DANCER MUST HAVE DECLARED TO THE BDSA THAT THEY ARE PROFESSIONAL.	8
8.3. BEING QUALIFIED AS A PROFESSIONAL IN ANY OF THE DANCE STYLES WITHIN THE BDSA, YOU ARE CLASSIFIED AS A PROFESSIONAL IN ALL OTHER MENTIONED STYLES.....	8
8.4. ALL MEMBERS JOINING THE BDSA UP TO AND INCLUDING 23:59 31 ST DECEMBER 2024 WILL BE GRANDFATHERED ACROSS. FOR FURTHER INFORMATION CONTACT THE OFFICE.	8
9. LOSS OF AMATEUR STATUS.....	9
9.1. LOSS OF AMATEUR STATUS WILL OCCUR WHEN:	9
9.1.1. AN AMATEUR IS TEACHING AND HAS NOT DISCLOSED THIS TO THE BDSA.	9
9.1.2. A COMPETING AMATEUR TAKES THE ROLE OF MC, SCRUTINEER OR MUSIC PERSON WITHOUT PRIOR PERMISSION FROM THE BDSA.....	9
9.1.3. WHEN AN AMATEUR ADJUDICATES AT A COMPETITION.....	9
10. AGE CATEGORY COMPLAINTS	9
10.1. IN THE EVENT OF AN ORGANISER RECEIVING A WRITTEN COMPLAINT, REGARDING A COMPETITOR DANCING IN THE INCORRECT AGE CATEGORY, THE BDSA WILL REQUEST A COPY OF THE COMPETITORS ORIGINAL PASSPORT TO CONFIRM AGE.....	9
11. ADDITIONAL AGE CATEGORIES	9
12. SHOWDANCE RULES.....	9



13. TIME	9
14. LIFTS.....	9
15. MUSIC	9
16. THE COMPETITION	10
17. PROPS.....	10
18. ORDER OF DANCING.....	10
19. TIME BETWEEN ROUNDS.....	10
20. MARKING SYSTEM.....	10
21. CHAIRPERSON OF ADJUDICATORS.....	10
22. ADDITIONAL DUTIES OF THE CHAIRPERSON IN SHOWDANCE EVENTS (FOR INFORMATION ONLY)	10
23. FORMATION RULES.....	11
23.1 BDSA REGISTRATION.....	11
23.2 DEFINITION OF FORMATION	11
24. SECTIONS.....	11
25. CONDITIONS OF FORMATION CHAMPIONSHIPS.....	11
26. TIME LIMITS:	12
27 AGE CATEGORIES/DIVISIONS:	12
28 DIVISIONS.....	12
29 FORMATION ADJUDICATORS	12
30. PERFORMANCE ORDER.....	13
31. REHEARSALS	13
32. ROUNDS/FINALS	13
33. DISQUALIFICATION	13
34. JUVENILE COSTUME RULES	13
MAKE UP.....	13
SPONSORSHIP LOGOS.....	13
JEWELLERY	13
TROUSERS	13
SHIRTS.....	13
SOCKS	14
HEEL	14
MATERIALS.....	14
DRESS.....	14
SKIRT.....	14
SKIRT/DRESS LENGTH	14
NECKLINES	14
SLEEVES	14
ACCESSORIES	15
HAIR DECORATION.....	15
SHOES	15
SOCKS	15



JUVENILE SYLLABUS	15
GRADED EVENTS	15

35. ADJUDICATOR SECTION..... 15

35.1 ADJUDICATORS LICENCE.....	15
35.2	15
ADJUDICATORS LICENSE CRITERIA.....	15
35.5 ADJUDICATION.....	16
PROFESSIONAL AND AMATEUR CHAMPIONSHIPS.....	16
SELECTION OF ADJUDICATORS FOR SMOOTH AND RHYTHM CHAMPIONSHIPS.....	16
PROFESSIONAL COMPETITORS ADJUDICATING	16

36. CHAIRPERSON 17

CHAIRPERSON OF ADJUDICATORS	17
CHAIRPERSON'S REPORT.....	17
GUIDELINES	17
SKATING SYSTEM	17
ACCESS TO THE MARKS.....	18
RECALLS.....	18
TEN DANCE CALCULATION OF PLACING	18
FINAL ROUND	18
RANKING EVENT ADJUDICATORS	18
FORMATION ADJUDICATION	18
ADJUDICATORS AND IMMEDIATE FAMILY.....	18

37. ORGANISERS SECTION 18

37.1 BDSA NAME & LOGO.....	18
37.2 ORGANISER REFUNDS	19
37.3. ADJUDICATORS' FEE.....	19
37.4 ADJUDICATORS PAYMENT.....	19
37.5 PRIZES.....	19
37.6 PRIZE MONEY	19
37. 7 RECOMMENDED COMPETITORS' ENTRY FEES.....	19
37.8 TIMETABLE	19
ROUNDS	20
TEN DANCE ROUNDS	20
TEN DANCE – BREAKS	20
TEN DANCE: ORDER OF SECTIONS	20
AWARD CEREMONIES FOR CHAMPIONSHIPS.....	20
38. RANKING EVENTS	20
38.1 RANKING EVENTS INCLUDED TO BE ORGANISED:.....	20
38.2 ACCESS TO THE MARKS.....	21



38.3 INSURANCE	21
38.4 FIRST AID.....	21
38.5 TV / VIDEO RIGHTS	21
38.6 ORGANISERS FINANCIAL OBLIGATIONS.....	21
<u>APPENDIX A.....</u>	<u>22</u>
<u>APPENDIX B.....</u>	<u>31</u>
<u>APPENDIX C.....</u>	<u>32</u>
<u>APPENDIX D.....</u>	<u>33</u>
<u>APPENDIX E</u>	<u>34</u>



Definitions

Resident - in the place or location in which the competitor is registered with the relevant authorities as having their primary and permanent home, this is deemed to be your domicile residency.



GENERAL SECTION

1. Registration

- 1.1. To dance in any British DanceSport Association (BDSA) Championship or event/s all competitors, couple and solo dancers, are required to register online with the BDSA. Only BDSA registered competitors will be eligible to receive BDSA ranking points and awards.
- 1.2. Formation Team competitors must all be members of the BDSA, when entering any BDSA Championship or event/s.
- 1.3. Each Competitor must register as an individual. Registration of one Competitor in a couple does not register the couple.
- 1.4. Registration with the BDSA will be for 1 year from 1st January 00:00 to 31st December 23:59.

2. Eligibility

- 2.1. Only BDSA members, who have paid all applicable fees and membership, are permitted to apply, and organise BDSA championships, ranking competitions and BDSA events.
- 2.2. All dancers must be within the eligibility criteria for the category in which they are competing.
 - 2.2.1. Should you be found to not be within the eligibility criteria you will be subject to immediate expulsion from the competition and may be subject to a disciplinary hearing.

3. Secondary National Organisations

- 3.1. Event Organisers may establish support and recognition of their Secondary Organisations, if approved by the BDSA.

4. Country Representation for Competitors

- 4.1 At all BDSA events, at least one competitor in a couple who are representing their Country, must adhere to either or both of the following:
- 4.2 Citizenship of the country by Birth or Naturalisation (or the procedure recognised in that Country to be a recognised National).
- 4.3 By being a permanent resident of that Country.
 - 4.3.1 See definition of resident to ensure compliance.
- 4.4 Everyone is only permitted to dance for 1 Country within 1 calendar year (00:00 1st January to 23:59 31st December).



COMPETITORS SECTION

5. Open Status of BDSA Championships and Events

- 5.1. BDSA Championships will be open for all dancers and have no restrictions of the number of entries from each Country.
- 5.2. All competitors can participate.
- 5.3. Genres & Running Order of Dances:
 - 5.3.1. Ballroom - Waltz, Tango, Viennese Waltz, Slow Foxtrot and Quickstep
 - 5.3.2. Latin - Cha Cha Cha, Samba, Rumba, Paso Doble and Jive
 - 5.3.3. Ten Dance - Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep, Cha Cha Cha, Samba Rumba, Paso Doble and Jive
- 5.4. All BDSA Championships - All BDSA Championships (excluding Juvenile Championships) will be 5 dances from the First Round and Ten Dance Championships will be 10 Dances from the first round.
- 5.5. Juvenile BDSA Championships
 - 5.5.1. Juvenile BDSA Championships are permitted to be 4 dances in both ballroom or Latin and combined as 8 dances instead of 10 dances. Each round of an event of the BDSA Championships shall have the same dances.
 - 5.5.1.1. Latin and combined as 8 dances instead of 10 dances. Each round of an event of the BDSA Championships shall have the same dances.
 - 5.5.2. The event organiser must state which dances are to be used for Juvenile BDSA championships in each style once the allocation of the championships have been approved.
 - 5.5.2.1. Smooth: Waltz, Tango, Foxtrot, Viennese Waltz
 - 5.5.2.2. Rhythm: Cha Cha, Rumba, Swing, Bolero, Mambo

6. Tempos and Recommended length of music

- 6.1. All competitors must use these formats of music and tempo/tempi:
 - 6.1.1. Ballroom – see appendix B
 - 6.1.2. Latin – see appendix C
 - 6.1.3. Smooth – see appendix D
 - 6.1.4. Rhythm – see appendix E

7. Age Categories

- 7.1. All age categories are determined by the competitors date of birth:
 - 7.1.1. Juvenile I- Under 8
 - 7.1.2. Juvenile II – Under 10
 - 7.1.3. Juvenile III – Under 12
 - 7.1.4. Junior I - Under 14
 - 7.1.5. Junior II - Under 16
 - 7.1.6. Youth I - Under 19
 - 7.1.7. Youth II - Under 21
 - 7.1.7.1. Youth I and II are allowed to dance in the Amateur Category.

- 7.1.7.2. The above are only allowed to dance in their own age category if the events have combined age categories; Juvenile (8-11 years of age), Junior (12-15 years of age), Youth (16-20 years of age).
- 7.1.8. Amateur – 16 and over
- 7.1.9. Professional – 18 and over
- 7.1.10. Senior I – 35 and over
 - 7.1.10.1. At least 1 partner must be over the age of 35 and the other partner must not be younger than 30 years of age.
- 7.1.11. Senior II – Over 45 years of age
 - 7.1.11.1. At least one partner must be over 45 years of age and the other partner must not be younger than 40 years of age.
- 7.1.12. Senior III - Over 55 years of age
 - 7.1.12.1. At least one partner must be over 55 years of age and the other partner must not be younger than 50 years of age.
- 7.1.13. Senior IV – Over 65 years of age
 - 7.1.13.1. At least one partner must be over 65 years of age and the other partner must not be younger than 60 years of age.
 - 7.1.13.1.1. Seniors can also dance 1 age category below theirs.
- 7.1.14. Student/Teacher and Professional/Amateur – up to 11
- 7.1.15. Student/Teacher and Professional/Amateur 12 to 15
- 7.1.16. Under 16
 - 7.1.16.1. Student/Teacher and Professional/Amateur - 16 to 35
 - 7.1.16.2. Student/Teacher and Professional/Amateur - 36 to 44
 - 7.1.16.3. Student/Teacher and Professional/Amateur - 45 to 55
 - 7.1.16.4. Student/Teacher and Professional/Amateur 56-60
 - 7.1.16.5. Student/Teacher and Professional/Amateur - 61+
 - 7.1.16.6. Student/Teacher and Professional/Amateur -71+

8. Status of competition categories

- 8.1. Amateur; (In the Professional/Amateur category) A dancer (non-teaching Amateur) who dances with a registered/qualified Professional Teacher/dancer.
- 8.2. Definition of a Professional, Student/Teacher and Professional/Amateur, Dancer
 - 8.2.1. Student; (In the Student/Teacher Category) A dancer who dances with a Teacher that is a registered Amateur Teacher.
 - 8.2.2. Professional; A Professional dancer must have declared to the BDSA that they are Professional.
- 8.3. Being qualified as a Professional in any of the dance styles within the BDSA, you are classified as a Professional in all other mentioned styles.
- 8.4. All members joining the BDSA up to and including 23:59 31st December 2024 will be Grandfathered across. For further information contact the office.



9. Loss of Amateur status

9.1. Loss of Amateur status will occur when:

- 9.1.1. An Amateur is teaching and has not disclosed this to the BDSA.
- 9.1.2. A competing amateur takes the role of MC, scrutineer or music person without prior permission from the BDSA.
- 9.1.3. When an amateur adjudicates at a competition.

10. Age Category Complaints

10.1. In the event of an organiser receiving a written complaint, regarding a competitor dancing in the incorrect age category, the BDSA will request a copy of the competitors original passport to confirm age.

11. Additional Age Categories

11.1. Age groupings cannot be changed without prior permission of the BDSA.

12. Showdance Rules

12.1. Dances

- 12.1.1. In Ballroom Show Dance events the dances must be selected from 1 up to all of the 5 regular Ballroom dances, and in the Latin American Show Dance events from 1 up to all of the 5 regular Latin-American competition dances.
- 12.1.2. It is the duty of the Adjudicators to assess the Character of each style as part of their adjudication.
- 12.1.3. Dancers must continue to perform the same show dance and choreography throughout the rehearsal and the competition.

13. Time

- 13.1. The time of the show must be up to a maximum of 4 minutes.
- 13.2. Under no circumstances must the time limited be exceeded.
- 13.3. The time limit is to include the commencement of the music or when a dancer walks on to the floor and their final exit which includes the audience applause.

14. Lifts

- 14.1 Three lifts are permitted for the whole performance including entry and/or exit lifts.
- 14.2 Definition of a Lift 'A movement in which 1 of the partners is elevated with assistance of the partner to any height, sustained there for 2 seconds and set down on the floor'.
- 14.3 The time limit should not exceed 15 seconds per lift.

15. Music

- 15.1 The invitation for a Show Dance Competition must advise the couples of possible sound machines. The sound machines for a Show Dance Competition will always be:
 - 15.1.1 Compact Disc



15.1.2 mp3 Player/ iPod/ iPad

15.1.3 USB Audio media

16. The Competition

16.1 Conditions including lighting must be the same for all competitors throughout the show including entrance and exit.

16.2 Preceding every Show Dance Competition there must be an official rehearsal, where all the couples have a reasonable time to test their show dance on the actual floor, where the competition is taking place.

16.3 To attend the rehearsal is an obligation for all couples and the chairman of adjudicators.

16.4 It is not permissible to change partners at or during a competition.

16.4.1 Entries can include solo dancing, but couples must remain constant in both Ballroom and American Latin events.

16.4.2 It is not permissible for anyone to dance at the same competition with different partners.

17. Props

17.1 A prop can be used by the couple at any time throughout the performance, provided it is attached to their attire.

18. Order of Dancing

18.1 Order of dancing shall be drawn by ballot, at which all the competitors or chosen representatives have a right to be present.

19. Time between Rounds

19.1 There is to be a minimum of 30 minutes between each round of a Show Dance competition.

20. Marking system

20.1 The normal system of marking will be applied. (i.e., in the Final the adjudicators will place the couples in order of merit).

21. Chairperson of Adjudicators

21.1 In all cases the decision of the Chairperson of Adjudicators is final.

21.2 The Chairperson for all BDSA championships, ranking events and events may be non-voting.

21.3 The Non-Voting Chairperson will stand in for a Voting Adjudicator only in cases of necessity.

22. Additional duties of the Chairperson in Showdance events (for information only)

22.1 The Chairperson will hold a meeting with all competitive couples present to remind them of the rules of the Showdance event with particular reference to time limits, lifts and Props. 17.2.

22.2 The Chairperson will hold a meeting with all Adjudicators prior to the start of the event to inform them of their duties to ensure that the performances meet the requirements and rules of the style of dance.

22.2.1 The Chairperson must inform:

22.2.1.1 The Adjudicators



- 22.2.1.2 The relevant couples of any disqualification immediately following the round being completed with the reason for disqualification.

23. Formation Rules

23.1 BDSA Registration

23.1.1 All Formation teams entering BDSA Formation Championships must be registered with the BDSA.

23.1.2 Formation dancers need to register with the BDSA individually if they wish to participate in other BDSA events.

23.2 Definition of Formation

Competitions/Championships:

23.2.1 Ballroom:

Ballroom Teams may base their routines on;

Waltz, Tango, Foxtrot, Quickstep and Viennese Waltz. (An optional maximum of 16 bars based on any dance including Latin is allowed.)

23.2.2 Latin:

Latin Teams may base their routines on;

Cha Cha Cha, Samba, Rumba, Paso-Doble and Jive. (An optional maximum of 16 bars based on any dance rhythm is allowed.)

23.3 Formation Championships:

Championships are granted as follows;

23.3.1 Ballroom

23.3.2 Latin

23.3.3 Ballroom and Latin (open to both Ballroom and Latin Teams)

23.3.4 Synchronised Solo Formation Rules to follow

24. Sections

In each division, there are two sections:

24.1 Four couple teams

24.2 Six, Seven or Eight couple teams

25. Conditions of Formation Championships

25.1 Solo work

Ballroom; the Ballroom category is restricted to eight bars in any one dance and a maximum of 24 bars over the whole presentation.

Latin; This rules does not apply as solo work is normally a part of Latin dancing.

25.2 Replacements

At any time in a Championship team members may be replaced by reserves, however, prior notification must be served upon the Chairperson before dancing.

25.3 Dress



The only dress permissible is that normally associated with present day competition dancing.
(Please refer to BDSA Costume Rules.)

25.4 Props

No change in costume is allowed during the routine.

No Props are allowed

25.5 Lifts

25.5.1 Lifts are not permitted in the Juvenile or Junior Categories.

25.5.2 Lifts are only allowed during entry and exit to the dance floor, for the Adult Categories.

25.5.3 Lifts must not be performed in the main judged 4.5 minute body of the routine.

26. Time Limits:

Juveniles

26.1 Minutes (including Entry & Exit – with and without the Music playing).

26.2 No more than 4 Minutes will be adjudicated.

Juniors/Adults Teams

26.3 Minutes (including Entry & Exit -with & without music)

26.4 No more than 4.5 Minutes will be adjudicated.

26.5 Entry & Exits must be clearly identified (beginning and end) with a space or gong.

26.6 Teams not complying with these rules and time limits render themselves liable to disqualification.

27 Age Categories/Divisions:

Junior Teams

27.1 A child may dance in a Junior formation team event up to 00:00 31st August in each year even if their 16th birthday falls from the 1st September the previous year.

27.2 If a Junior dances in any Adult Formation competition / championship they are no longer eligible to dance in a Junior Formation team.

Juvenile Teams

27.3 A child may dance in a Juvenile formation event up to 31st August even if their 12th birthday falls from the 1st September the previous year.

27.4 If a Juvenile dances in any Junior Formation competition /championship they are no longer eligible to dance in a Juvenile Formation team.

28 Divisions

28.1 Adult Competitions are confined to Adult teams only.

28.2 Junior Competitions are confined to Junior teams.

28.3 Juvenile Competitions are confined to Juvenile teams.

29 Formation Adjudicators

29.1 Formation Championships must have x9 Adjudicators.

29.2 A minimum of 3 Adjudicators must have formation experience.

29.3 All adjudicators must hold a BDSA license or International license to adjudicate a Formation Competition/Championship.

29.4 In all cases the Chairperson's decision is final.

29.5 The Chairperson for all BDSA Championships, Ranking Events and Events should be Non-Voting.

29.6 The Non-Voting Chairperson will stand in for a Voting Adjudicator only in cases of necessity.



30. Performance Order

30.1 The order of dancing for each round will be determined by draw, under the supervision of the chairperson of adjudicators, or his designated representative.

31. Rehearsals

31.1 Whenever possible adequate Team rehearsals should be made.

31.2 Each Team must be allocated equal amounts of time to rehearse with music.

31.3 The Chairperson must attend the rehearsals and warn any Team/competitors infringing the rules.

31.4 Once warned, a team may be disqualified if they continue to infringe upon the rules.

31.5 The Chairman will make the Disqualification, following consultation with the panel of adjudicators and the organiser of the event.

32. Rounds/Finals

32.1 When there are more than 6 teams in a championship a second round must be held.

32.2 In each round of the competition, no more than 50% of the teams should be eliminated for the next round.

32.3 No more than 8 teams should participate in the final round.

32.4 If the Chairperson calls for the appropriate number of recalls and the marks do not allow for the correct number of teams to be advanced, then in extra ordinary circumstances the Chairperson has the authority to place less than 50% of the teams in the next round. This is especially applicable if an additional round would be required in order to comply with the 50% recall rule.

33. Disqualification

33.1 The Chairperson of Adjudicators has the right to disqualify Teams infringing these rules.

34. Juvenile Costume Rules

Make Up

34.1 Make Up to be applied to Juveniles appropriately with respect for the dancers ages.

Sponsorship Logos

34.2 Three sponsor logos are permitted per couple but must not exceed a total of 40cm².

Jewellery

34.3 Only jewellery of a personal/religious nature maybe worn and must be worn inside the clothing.

34.4 Simple earrings no bigger than 2cm may be worn.

Trousers

34.5 Black block material only, normal, or high waisted with optional underfoot strap. Black satin side stripes are permitted.

Shirts

34.6 Plain white long sleeved, regular collar, shirt worn tucked into trousers with sleeves worn to wrist length.



34.7 Single or double cuff with buttons or small plain cufflinks.

Ties

34.8 Black bow tie or black tie must be worn around the neck.

Socks

34.9 Socks must be solid black in colour.

Heel

34.10 Block heel style no bigger than 3.5cm

Materials

34.11 Fabrics must be plain. i.e. cotton, polyester, cotton/polyester blend, wool blend.

34.12 No satin or shiny fabrics.

34.13 No rhinestones, glitter, metallic thread, patterns or sequins allowed.

34.14 Decorations are not allowed.

Dress

34.15 Can be a simple dress, a simple skirt and top or a simple skirt and leotard.

34.16 To be made from one colour throughout with no decorations, i.e., rhinestones, sequins, lace, glitter, pearls, cut outs, feathers, or fringe. See through fabric must be lined except on sleeves.

Skirt

34.17 A plain or pleated skirt with a maximum of 3 half circles and up to 2 underskirts all the same length.

34.18 No frills or split skirts.

34.19 No godets may be inserted into the garment.

34.20 Crinoline may be used on the hem but not on the outside of the skirt.

34.21 Satin ribbon may be used on the hem.

Skirt/Dress Length

34.22 Permitted from 7cm above the knee to no longer than 5cm above the ankle sock, dependent on the style danced.

34.23 Belt/sash is permitted no wider than 5cm to cover the skirt waist join.

34.24 A small bow may be used, on the belt/sash as a fastening. Buttons and sashes for fastening only.

Necklines

34.25 Not to be lower than the top of the armpit, may be: V-neck, high neck, boat, sweetheart, keyhole on the back and Peter Pan collar and regular collar are allowed with simple edging as well as a simple 7cm ruffle around the collar.

Sleeves

34.26 Long, elbow, short length are permitted.

34.27 Cap sleeve and short puff sleeve allowed.

34.28 All sleeves must be symmetrical.

34.29 No dolman sleeves or frills.



Accessories

34.30 No armbands, Neckbands, decorative bracelets or gloves are allowed.

Hair Decoration

34.31 A small bow or flower no bigger than 10cm in width may be worn.

34.32 No rhinestones, glitter, headbands or tiaras are allowed.

Shoes

34.33 Block heel style no bigger than 3.5cm.

Socks

34.34 White ankle socks with or without a small lace trim.

Juvenile Syllabus

Juvenile I, II and III couples and solos must only dance syllabus steps up to and including Guinea. Please see Appendix A.

Graded Events

Beginner = Guinea

Novice = Guinea

Intermediate = Guinea

Pre-Amateur = Guinea

Beginner = Guinea

Novice = Guinea

Intermediate = Open syllabus

Pre-Amateur = Open syllabus

The above grades are for all 5 Ballroom and all 5 Latin dances.

35. ADJUDICATOR SECTION

35.1 Adjudicators Licence

35.2 All adjudicators are required to hold a BDSA license for the purpose of adjudicating a BDSA event, Ranking events and World and European Championships. Please see Adjudicators Criteria below.

Adjudicators License Criteria

(Ballroom, Latin American, Smooth, Rhythm)

35.3 The Following two criteria must be met in to be eligible to apply for a BDSA Adjudicators License:

a) You must be over 18 years of age.

b) You must hold a valid qualification (in the style/s that you are applying for) from your National Organisation to adjudicate either Championships or ranking events or a qualification with a BDSA approved teaching society of Licentiate or above.



35.4 Ballroom and Latin Championship qualified adjudicators may judge Smooth and Rhythm styles.

35.5 Adjudication

- 35.5.1 Adjudicators can only represent ONE Country within one calendar year (1st January to 31st December), without prior permission of the BDSA.
- 35.5.2 Selection of Adjudicators for Ballroom & Latin Championships.
- 35.5.3 The Organiser shall invite adjudicators based on their dance knowledge, integrity and recognition of these adjudicators in the dance industry.

Professional and Amateur Championships

35.6 A minimum of 11 adjudicators shall be invited for BDSA Amateur and Professional Championships.

35.6.1 **Juvenile, Junior, Youth, Senior, Student/Teacher, and Professional/Amateur Championships:**

A minimum of 11 adjudicators for the Juvenile, Junior, Youth, Senior, Student/Teacher, and Professional/Amateur Championships, shall be invited to BDSA Events.

Selection of Adjudicators for Smooth and Rhythm Championships

35.7 Professional and Amateur Championships:

Total minimum 11 adjudicators must be invited for BDSA Amateur and Professional Championships.

35.8 Every reasonable endeavour should be made to demonstrate diversity on the adjudicator panel.

35.9 No adjudicator shall be invited to judge the same category Championships the following year.

35.10 In case the organiser refuses to follow the rules of the BDSA regarding selection of the adjudicators panel, the BDSA may cancel the organiser's right to run the BDSA Championships.

Professional Competitors Adjudicating

35.11 Professional Competitors wishing to adjudicate BDSA events must be licensed as adjudicators with the BDSA.

35.12 Professional Competitors will be permitted to adjudicate BDSA events and Ranking Competitions, but will not be permitted to adjudicate any Championships or other Professional Competitions.

35.13 A Professional Competitor who wishes to Adjudicate at any BDSA event will not be permitted to compete at the same event, under the same Organiser, even if their event is on a different day. This includes Amateur/Professional categories.



36. Chairperson

Chairperson of Adjudicators

36.1 The Chairperson for all BDSA Championships, Ranking Events and Events may be non-voting. The Non-Voting Chairperson will stand in for a Voting Adjudicator only in cases of necessity.

36.2 The Chairperson must hold a scrutineering license. The scrutineer may not serve as a Chairperson of adjudicators, save in exceptional circumstances.

Chairperson's Report

36.3 The Chairperson of adjudicators should submit a report to the BDSA according to the form provided by the BDSA.

Guidelines

36.4 An adjudicator is expected to adjudicate without fear or favour, assessing what they see on that day and not be influenced by any previous performance or result.

36.5 It is unprofessional to converse with another competitor, adjudicator or a member of the public whilst adjudicating. This could be unfairly interpreted as seeking to influence an adjudicator or coach a competitor.

36.6 It is the Adjudicators responsibility to hold a current license and to be prepared to produce this license to the Chairperson of the Panel before any competition.

36.7 An adjudicator who is not present for the first dance of any round, or arrives late on the floor, may not adjudicate the remainder of that round.

36.8 An adjudicator acting as Chairperson has the added responsibility of ensuring that all members of the Panel act in a proper manner and abide by the rules. It should also be remembered that the organiser or the Chairperson has the right to ask an adjudicator to step down if they consider that they are, for any reason, not performing their duties in a proper manner.

36.9 It is the responsibility of the adjudicator to fully understand how they should mark any competition and, if in doubt, to seek assistance from the Chairperson and/or the Organiser prior to the commencement of the competition.

36.10 Adjudicators are expected to be dressed in attire befitting the dignity of the occasion. Daytime attire should be smart, evening attire should be formal. Jeans and/or trainers are not acceptable.

36.11 It is the responsibility of both organisers and adjudicators to obtain contracts in writing.

36.12 The BDSA considers that it is unprofessional and inappropriate for registered adjudicators, after having officiated at an event, to then comment on competitors' performances on social media websites.

Skating System

36.13 Skating System must be used to assess the marks, this is excluding the 10 Dance Competitions. Please see Rule 37.



Access to the Marks

36.14 Only the Chairperson of Adjudicators, Scrutineer and Organiser shall have access to the event marks until the end of the competition. After the competition the organiser has to submit the marks to the BDSA and Ranking List administrator and may publish marks on their website.

Recalls

36.15 The Chairperson must ask for at least 50% of the number of couples to be recalled in each round.

36.16 If the number of couples that are recalled by the adjudicators would require an additional round, then the Chairperson is allowed to recall less than 50% of the couples.

36.17 If the Chairperson asks for a 50% recall for a second round and the actual number is more than 50%, the Chairperson may still call for a 50% recall of his original desired number of couples.

Ten Dance calculation of placing

36.18 Ten Dance Championships are to be contested over single dances, with individual recalls and single dance final placings, points gained in semi-final or other rounds forming the basis of calculation of the position attained by couples not reaching the final round.

Final Round

36.19 The Chairperson must ask Adjudicators to recall at least 6 couples into the Final.

36.20 Due to the mathematical possibility a minimum of 4, and up to 9 couples can be recalled to the Final round if couples are tied on the same marks.

36.21 The Chairperson will make the final decision on the number of couples recalled, in the event of 3 or more couples obtaining the same recall marks

36.22 couples will only be recalled in the situation that 9 couples are tied equally into the final.

Ranking Event Adjudicators

36.23 A Minimum of 11 Adjudicators are required for Ranking Events.

Formation Adjudication

36.24 A BDSA Adjudicators licence will allow the holder to adjudicate a BDSA Formation Championship/Event. A minimum of 9 adjudicators shall be invited to adjudicate a BDSA Formation Championship.

Adjudicators and Immediate Family

36.25 Adjudicators must not judge the same Competition Category on any occasion, when there are members of immediate family (1st Cousin or closer), a permanent member of the same household, or current dance partners competing. It is the duty of an Adjudicator to inform the Chairperson, prior to the event, if this is the case.

37. ORGANISERS SECTION

37.1 BDSA Name & Logo.

37.1.1 BDSA name and Logo can only be used with the approval of the BDSA Board.



37.1.2 BDSA Logos must be added to programs and all advertising of the event without exception.

37.1.3 BDSA Logos should be prominently displayed throughout the event.

37.1.4 BDSA Logos must clearly be displayed for the awards ceremony.

37.1.5 The BDSA Logos cannot be used in any other capacity unless authorised with the BDSA Board of Directors.

37.2 Organiser Refunds

37.2.1 No Fees will be refunded to any organiser if the event / championship is not organised unless a cancellation is caused by a 'Force Majeure'.

37.3. Adjudicators' Fee

37.3.1 Adjudicators must be paid a minimum of 150 GBP inclusive of travel per day of judging Championships.

37.4 Adjudicators Payment

37.4.1 The Adjudicators must receive their fee. The information of where and when will be supplied by the organiser. Stipulated by the organiser.

37.5 Prizes

37.5.1 Prize money is available in all categories and must be advertised in advance. The level of any prize money must be agreed by the BDSA Board of Directors in advance of any publication of event.

37.5.2 Agreement should be sought via emailing the BDSA Board of Directors at info@BDSAssoc.com.

37.6 Prize Money

37.6.1 The Organiser must advertise the prize money on their website and / or on social media for each event. The Organiser must make it clear when the couples will receive the money.

37. 7 Recommended Competitors' Entry Fees

37.7.1 No additional admission fees will be added to the entry fee for any competitor.

Juveniles – up to 20 GBP per competitor

Juniors – up to 20 GBP per competitor.

Youth – up to 20 GBP per competitor.

Amateur – up to 40 GBP per competitor.

Professional- Up to GBP 60 per competitor.

Solo – up to 20 GBP

Senior – up to 40 GBP

Student/Teacher- 15 GBP

Spectators – up to 20 GBP

Professional non competitive BDSA members are invited free of charge.

37.8 Timetable

37.8.1 The Organiser shall draw up a timetable and make it available to all competitors prior to the competition, [at least one week prior before the date of the event].

37.8.2 The organiser is responsible for adhering to the timetable accurately.

37.8.3 The first round of the championships shall not start ahead of the scheduled time.

37.8.4 Organisers are not required to delay the program for the benefit of late arrivals.



Rounds

37.8.5 Breaks between Rounds in Ballroom and Latin Championships

37.8.5.1 During all Ballroom and Latin Championships there must be a minimum of 15 minutes break between each round.

37.8.5.2 From the Quarter final round onwards there is to be a minimum of 20 minutes break.

Ten Dance Rounds

37.8.6 Ten Dance Championships, there must not be more than four rounds in each section, in one day.

37.8.6.1 Each round must be completed in all ten dances.

Ten Dance – Breaks

37.8.7 There shall be a break of at least 40 minutes between the two sections, and at least 15 minutes between the rounds.

Ten Dance: Order of sections

37.8.8 In Ten Dance Championships, the final round should end with Latin. Each round should begin with the same style that the previous round ended with. It is permissible to run all rounds of Ballroom till the final followed by all rounds of Latin till the final.

Award Ceremonies for Championships

37.8.9 Organisers must ensure that the presentation of awards is done in an appropriate manner for BDSA Championships.

37.8.10 Trophy for the Champions must be approved or purchased from the BDSA and awarded.

37.8.11 Medals for top 3 placed couples must be approved or purchased from the BDSA.

37.8.12 Diplomas or certificates of placement to all finalists with official BDSA signature or stamp should be awarded.

37.8.13 Award Ceremonies for Juvenile and Juniors must be completed before 8pm.

38. RANKING EVENTS

38.1 Ranking Events included to be organised:

Juvenile I and II

Junior I and II

Youth I and II

Professional

Amateur

Seniors I, II, III and IV

Solos



38.2 Access to the Marks

38.2.1 Only the Chairperson of Adjudicators and Scrutineer shall have access to the marks until the end of the competition.

38.2.2 Within 48 hours the Organiser must submit the marks to the BDSA and Ranking List administrator.

38.2.3 The marks must also be made available both on the Organisers website and/or in the Ballroom on the day of the event following the Awards Ceremony.

38.3 Insurance

38.3.1 Event organisers must have liability insurance when hosting any Championship, BDSA Ranking Competition/s or any BDSA Event/s.

38.3.2 The organiser must submit proof of insurance to the BDSA at least 4 weeks before their event.

38.4 First Aid

38.4.1 First Aid personnel shall be in attendance at all competitions and shall carry the minimum certification of first aid responder.

38.5 TV / Video rights

38.5.1 BDSA Advise that organisers use this disclaimer on the entry form:

‘In the event of television coverage or production of a video recording for commercial purposes of any competition or Championship event, all competitors agree that the rights to any fees from such television or video recording will vest solely with the Organiser and no Competitors or Associations shall have any claim against the BDSA, organiser, television company or video producer at any such event.’

38.6 Organisers Financial Obligations

38.6.1 Organisers who do not fulfil their financial obligations will face the possibility of disciplinary action of Board compliant with the BDSA’s Fair-Dealing Policy.



APPENDIX A

WALTZ

1. Closed changes
2. Natural turn
3. Reverse turn
4. Natural spin turn
5. Whisk
6. Chasse from PP
7. Closed impetus
8. Hesitation change



9. Outside change
10. Reverse Corte
11. Back whisk
12. Basic weave
13. Double reverse spin
14. Reverse pivot
15. Backward lock
16. Progressive Chasse to R
17. Weave from PP
18. Closed telemark
19. Open telemark and cross hesitation
20. Open telemark and wing
21. Open impetus and cross hesitation
22. Open impetus and wing
23. Outside spin
24. Turning lock
25. Drag Hesitation
26. Passing (Open) Natural turn
27. Quick Wing
28. Closed wing
29. Turning lock to right
30. Fallaway reverse and slip pivot
31. Hover Corte
32. Fallaway whisk
33. Left whisk

Pro/Am and Teacher Student

Beginner Class 1-6

Brittania Class 1-16

Sovereign Class 1-25

Guinea Class 1-33

TANGO

1. Walk
2. Progressive side step
3. Progressive link
4. Closed promenade
5. Rock turn
6. Open reverse turn
7. Back Corte
8. Open reverse turn, lady in line
9. Progressive side step reverse turn
10. Open promenade
11. Rock back on L.F. and R.F.



12. Natural twist turn
13. Natural promenade turn
14. Promenade link
15. Four step
16. Fallaway promenade
17. Back open promenade
18. Outside swivels
19. Reverse outside swivel
20. Four step change
21. Brush tap
22. Basic reverse turn
23. Mini five step
24. Open telemark
25. Back whisk
26. Passing (Open) natural turn
27. Fallaway four step
28. The chase
29. Fallaway reverse and slip pivot
30. Five step
31. Reverse Pivot
32. Outside Spin

Pro/Am and Teacher Student

Beginner 1~8

Brittania Class 1~13

Sovereign Class 1~21

Guinea Class 1~32

VIENNESE WALTZ

1. Natural Turn
2. Reverse Turn
3. Change step danced forward or backward

Pro/Am and Teacher Student

Beginner

Britannia

Sovereign

Guinea.

Only the following additional figures can be danced in unrestricted categories:

4. The Reverse and Natural Fleckerl
5. Contra Check (1 bar)



SLOW FOXTROT

1. Feather Step
2. Three Step
3. Natural Turn
4. Reverse Turn incorporating Feather Finish
5. Closed Impetus and Feather Finish
6. Impetus Turn
7. Natural Weave
8. Change of Direction
9. Basic Weave
10. Weave after 1-4 Reverse Wave
11. Reverse Wave
12. Closed Telemark - Telemark
13. Open Telemark, Feather Ending
14. Top Spin - Top Spin after Feather Finish (all alignments)
15. Hover Feather
16. Hover Telemark
17. Natural Telemark
18. Hover Cross
19. Open Telemark, Natural Turn, Outside Swivel, Feather Ending
20. Open Impetus Turn
21. Weave from PP
22. Natural Twist Turn
23. Reverse Pivot
24. Quick Open Reverse
25. Quick Natural Weave from PP
26. Curved Feather to Back Feather
27. Curved Feather
28. Back Feather
29. Curved Feather from PP
30. Natural Zig-zag from PP
31. Fallaway Reverse & Slip Pivot
32. Natural Hover Telemark
33. Bounce Fallaway with Weave ending
34. Extended Reverse Wave
35. Curved Three Step

Pro/Am and Teacher Student

Beginner Class 1~5

Brittania Class 1~9

Sovereign Class 1~19

Guinea Class 1~ 35

QUICKSTEP



1. Quarter turn to R
2. Natural turn
3. Natural turn with hesitation
4. Natural pivot turn
5. Natural spin turn
6. Progressive chasse
7. Chasse reverse turn
8. Forward lock step
9. Backward lock step
10. Closed impetus
11. Reverse pivot
12. Progressive chasse to R
13. Tipple chasse to R
14. Running finish
15. Natural turn and back lock
16. Double reverse spin
17. Quick open reverse
18. Fishtail
19. Running right turn
20. Four quick run
21. V.6
22. Closed telemark
23. Open impetus
24. Outside spin
25. Passing (Open) Natural turn
26. Curved feather
27. Cross swivel
28. Six quick run
29. Rumba cross
30. Tipsy to R and L
31. Hover Corte
32. Quarter turn to left
33. Change of direction
34. Cross chasse
35. Outside change
36. Tipple chasse to left
37. Zig Zag, back lock and running finish

Pro/Am and Teacher Student

Beginner 1~8

Britannia Class 1~16

Sovereign Class 1~22

Guinea Class 1~37

CHA CHA CHA



1. Basic movements (closed, open and in place)
2. New York (to left or right side position)
3. Spot turns to left or right (including switch turns and underarm turns)
4. Shoulder to shoulder (left side and right side).
5. Hand to hand (to right or left side)
6. Fan
7. Alemana
8. Hockey stick
9. Time steps
10. Three cha cha chas
11. Side steps (to left or right)
12. There and back
13. Natural top
14. Natural opening out movement
15. Closed hip twist
16. Open hip twist
17. Reverse top
18. Opening out from reverse top
19. Aida –
20. Spiral turns (spiral, curl and rope spinning)
21. Cross basic
22. Cuban breaks (including split)
23. Chase
24. Advanced hip twist
25. Hip twist spiral
26. Turkish towel
27. Sweetheart
28. Follow my leader
29. Foot changes
30. Runaway chasse
31. Syncopated open hip twist
32. Close and open hip twist spirals

Pro/Am and Teacher Student

Beginner 1~10

Britannia Class 1~15

Sovereign Class 1~23

Guinea Class 1~32

SAMBA

1. Basic movements (natural, reverse and progressive)
2. Whisks (also with lady's underarm turns)
3. Samba walks
4. Rhythm bounce



5. Volta movements
6. Traveling bota fogos forward
7. Criss cross bota fogos (shadow Bota fogos)
8. Traveling bota fogos back
9. Bota fogos to promenade and counter promenade
10. Criss cross volta
11. Solo spot volta
12. Foot changes
13. Shadow traveling volta
14. Reverse turn
15. Corta Jaca
16. Closed rocks
17. Open rocks
18. Back rocks
19. Plait
20. Rolling of the arms
21. Argentine crosses
22. Maypole
23. Shadow circular volta
24. Samba side chasses
25. Contra boto fogos
26. Roundabout
27. Natural roll
28. Reverse roll
29. Promenade and counter promenade
30. Three step turn
31. Samba locks
32. Cruzados walks and locks
33. Drag
34. Dropped Volta

Pro/Am and Teacher Student

Beginner 1~7

Britannia Class 1~16

Sovereign Class 1~23

Guinea Class d 1~34

RUMBA

1. Basic movements (closed, open, in place and alternative)
2. New York (to left or right side position)
3. Spot turns to left or right (including switch turns and underarm turns)
4. Hand to hand (to right or left side position)
5. Fan
6. Alemana



7. Hockey stick
8. Shoulder to shoulder (left side and right side)
9. Opening out to right and left
10. Cucarachas (LF and RF)
11. Progressive walks forward and backward)
12. Side steps (to left or right)
13. Cuban rocks
14. Natural top
15. Natural opening out movement
16. Closed hip twist
17. Open hip twist
18. Reverse top
19. Opening out from reverse top
20. Aida
21. Spiral turns (spiral, curl and rope spinning)
22. Syncopated cuban rocks
23. Sliding doors
24. Fencing
25. Three threes
26. Three Alemanas
27. Hip twists (Advanced, continuous and circular)
28. Runaway Alemana
29. Syncopated Open Hip Twist

Pro/Am and Teacher Student

Beginner 1~8

Brittania Class 1~16

Sovereign Class 1~20

Guinea Class 1~29

PASO DOBLE

1. Basic Movement – March – Sur Place
2. Chasses to R & L – including Elevations
3. Drag
4. Displacement – (Attack)
5. Promenade Link – including Promenade Close
6. Ecart
7. Fallaway Whisk
8. Appel
9. Huit
10. Promenade
11. Separation
12. Fallaway Ending to Separation
13. Sixteen



14. Promenade & Counter Promenade
15. Grand Circle
16. Alternative Entries to PP
17. Open Telemark
18. Twist Turn
19. La Passe
20. Banderillas
21. Fallaway Reverse
22. Coup de Pique
23. Coup de Pique – changing from LF to RF - from RF to LF - syncopated
24. LF Variation
25. Spanish Line
26. Flamenco Taps
27. Syncopated Separation
28. Methods of Changing Feet
29. Travelling Spins from PP
30. Travelling Spins from CPP
31. Fregolina – including the Farol
32. Twists
33. Chasse Cape – including Outside Turn
34. Chasse Cape

Pro/Am and Teacher Student

Beginner Class 1~ 9

Britannia Class 1~17

Sovereign Class 1~26

Guinea Class 1~34

JIVE

1. Basic in place
2. Fallaway rock
3. Fallaway throwaway
4. Link (with alternatives to 1-2 of link:
 - 4a. Flick (or point), ball change.
 - 4b. Hesitation, ball change.
 - 4c. Hesitation, close, forward.
 - 4d. Hesitation, half close, forward.
5. Change of places right to left
6. Change of places left to right
7. Change of hands behind back
8. Hip bumps (left shoulder shove)
9. American spin
10. Stop and go
11. Walks



12. Mooch
13. Whip
14. Whip throwaway
15. Reverse whip
16. Windmill
17. Spanish arms
18. Rolling of the arms
19. Simple spin
20. Miami special
21. Chicken walks
22. Curly Whip
23. Shoulder Spin
24. Toe Heel Swivels
25. Chugging
26. Catapult
27. Stalking Walks, Flicks and Walks

Pro/Am and Teacher Student

Beginner Class 1~8

Brittania Class 1~14

Sovereign Class 1~20

Guinea Class 1~27

APPENDIX B

BALLROOM TEMPOS & LENGTH OF MUSIC

RECOMMENDED LENGTH OF MUSIC FOR ALL BDSA EVENTS & CHAMPIONSHIPS

BPM = Bars per Minute

Category B length of music is possible to use for all Events (non World Championships) when 4 couples or less are on the floor in all categories.

*A
PROFESSIONAL, AMATEUR, YOUTH, JUNIOR,
JUVENILE CATEGORIES*

*B
SENIOR, AMATEUR/PROFESSIONAL,
STUDENT/TEACHER*



Waltz: BPM 28-30			Waltz: BPM 28-30		
Minimum:	4+40 Bars	1.34 Minutes	Minimum:	4+24 Bars	1.00 Minute
Maximum:	4+48 Bars	1.51 Minutes	Maximum:	4+40 Bars	1.33 Minutes
Tango: BPM 32-34			Tango: BPM 32-34		
Minimum:	4+48 Bars	1.40 Minutes	Minimum:	4+32 Bars	1.10 Minutes
Maximum:	4+56 Bars	1.52 Minutes	Maximum:	4+40 Bars	1.25 Minutes
Viennese Waltz BPM 56-60			Viennese Waltz BPM 56-60		
Minimum:	4+80 Bars	1.30 Minutes	Minimum:	4+56 Bars	1.02 Minutes
Maximum:	4+96 Bars	1.47 Minutes	Maximum:	4+80 Bars	1.27 Minutes
Slow Foxtrot: BPM 28-30			Slow Foxtrot: BPM 28-30		
Minimum:	4+40 Bars	1.34 Minutes	Minimum:	4+24 Bars	1.00 Minute
Maximum:	4+48 Bars	1.52 Minutes	Maximum:	4+40 Bars	1.33 Minutes
Quickstep: BPM 48-50			Quickstep: BPM 48-50		
Minimum:	4+72 Bars	1.35 Minutes	Minimum:	4+48 Bars	1.05 Minutes
Maximum:	4+88 Bars	1.55 Minutes	Maximum:	4+72 Bars	1.34 Minutes

APPENDIX C

LATIN TEMPOS & LENGTH OF MUSIC

RECOMMENDED LENGTH OF MUSIC FOR ALL BDSA EVENTS & CHAMPIONSHIPS
BPM = Bars per Minute

Category B length of music is possible to use for all Events (non World Championships) when 4 couples or less are on the floor in all categories.

A
PROFESSIONAL, AMATEUR, YOUTH, JUNIOR,
JUVENILE CATEGORIES

B
SENIOR, AMATEUR/PROFESSIONAL,
STUDENT/TEACHER



ChaChaCha: BPM 28-30			ChaChaCha: BPM 28-30		
Minimum:	4+40 Bars	1.34 Minutes	Minimum:	4+32 Bars	1.10 Minute
Maximum:	4+48 Bars	1.51 Minutes	Maximum:	4+40 Bars	1.23 Minutes
Samba: BPM 50-52			Samba: BPM 50-52		
Minimum:	4+64 Bars	1.30 Minutes	Minimum:	4+48 Bars	1.05 Minutes
Maximum:	4+88 Bars	1.50 Minutes	Maximum:	4+64 Bars	1.30 Minutes
Rumba BPM 24-26			Rumba BPM 24-26		
Minimum:	4+40 Bars	1.30 Minutes	Minimum:	4+32 Bars	1.15 Minutes
Maximum:	4+48 Bars	2.00 Minutes	Maximum:	4+44 Bars	1.30 Minutes
Paso Doble: BPM 56-60			Paso Doble: BPM 56-60		
Minimum:	4+64 Bars	1.08 Minutes	Minimum:	4+56 Bars	1.05 Minute
Maximum:	4+96 Bars	1.40 Minutes	Maximum:	79 Bars	1.20 Minutes
Espana Cani (Spanish Gypsy Dance)			Espana Cani (Spanish Gypsy Dance)		
Minimum:	To second highlight 79 Bars	1.20 Minutes	(Second highlight)	To second highlight: 79 Bars	1.20 Minutes
Maximum:	Full Version 122 Bars	2.02 Minutes			
Jive: BPM 42-44			Jive: BPM 42-44		
Minimum:	4+48 Bars	1.15 Minutes	Minimum:	4+40 Bars	1.00 Minutes
Maximum:	4+64 Bars	1.40 Minutes	Maximum:	4+48 Bars	1.15 Minutes

APPENDIX D

SMOOTH TEMPOS & LENGTH OF MUSIC

RECOMMENDED LENGTH OF MUSIC FOR ALL BDSA EVENTS & CHAMPIONSHIPS
BPM = Bars per Minute

Category B length of music is possible to use for all Events (non World Championships) when 4 couples or less are on the floor in all categories.

A
PROFESSIONAL, AMATEUR, YOUTH, JUNIOR,
JUVENILE CATEGORIES

B
SENIOR, AMATEUR/PROFESSIONAL,
STUDENT/TEACHER



Waltz: BPM 30-32			Waltz: BPM 28-30		
Minimum:	4+40 Bars	1.28 Minutes	Minimum:	4+24 Bars	1.00 Minute
Maximum:	4+48 Bars	1.50 Minutes	Maximum:	4+40 Bars	1.33 Minutes
Tango: BPM 30-32			Tango: BPM 30		
Minimum:	4+48 Bars	1.40 Minutes	Minimum:	4+32 Bars	1.10 Minutes
Maximum:	4+56 Bars	2.00 Minutes	Maximum:	4+40 Bars	1.25 Minutes
Viennese Waltz BPM 54-56			Viennese Waltz 53-54		
Minimum:	4+88 Bars	1.36 Minutes	Minimum:	4+56 Bars	1.02 Minutes
Maximum:	4+104 Bars	1.52 Minutes	Maximum:	4+80 Bars	1.27 Minutes
Foxtrot: BPM 32-34			Foxtrot: BPM 30		
Minimum:	4+48 Bars	1.37 Minutes	Minimum:	4+24 Bars	1.00 Minute
Maximum:	4+56 Bars	1.52 Minutes	Maximum:	4+40 Bars	1.33 Minutes

APPENDIX E

AMERICAN RHYTHM TEMPOS & LENGTH OF MUSIC

RECOMMENDED LENGTH OF MUSIC FOR ALL BDSA EVENTS & CHAMPIONSHIPS
BPM = Bars per Minute

Category B length of music is possible to use for all Events (non World Championships) when 4 couples or less are on the floor in all categories.

A
*PROFESSIONAL, AMATEUR, YOUTH, JUNIOR,
JUVENILE CATEGORIES*

B
*SENIOR, AMATEUR/PROFESSIONAL,
STUDENT/TEACHER*

ChaChaCha: BPM 30

ChaChaCha: BPM 28-30



Minimum: 4+48 Bars 1.50 Minutes
Maximum: 4+56 Bars 2.00 Minutes

Minimum: 4+24 Bars 1.00 Minute
Maximum: 4+40 Bars 1.33 Minutes

Rumba: BPM 32-36

Minimum: 4+48 Bars 1.40 Minutes
Maximum: 4+56 Bars 1.52 Minutes

Rumba: BPM 30-32

Minimum: 4+32 Bars 1.10 Minutes
Maximum: 4+40 Bars 1.25 Minutes

Swing BPM 34

Minimum: 4+88 Bars 1.36 Minutes
Maximum: 4+104 Bars 1.52 Minutes

Swing BPM 34

Minimum: 4+56 Bars 1.02 Minutes
Maximum: 4+80 Bars 1.27 Minutes

Bolero: BPM 24-26

Minimum: 4+40 Bars 1.50 Minutes
Maximum: 4+48 Bars 2.10 Minutes

Bolero: BPM 24

Minimum: 4+24 Bars 1.00 Minute
Maximum: 4+32 Bars 1.30 Minutes
(Second highlight)

Mambo: BPM 48-51

Minimum: 4+80 Bars 1.44 Minutes
Maximum: 4+96 Bars 2.05 Minutes

Mambo: BPM 47

Minimum: 4+48 Bars 1.05 Minutes
Maximum: 4+72 Bars 1.34 Minutes